

See Your Doctor if You Have Erectile Dysfunction, as Erectile Dysfunction Could Mean You Have a More Serious Condition

If you have problems getting or keeping an erection, and the problems last for more than a few weeks, you should talk with your doctor. ED can be a sign of other health problems, such as diabetes or heart disease.

When you meet with your doctor, you might use phrases like, “I’ve been having problems in the bedroom” or “I’ve been having erection problems.” Remember that a healthy sex life is part of a healthy life. Don’t be shy about seeking help. Your doctor treats medical problems every day.

If talking with your doctor doesn’t put you at ease, ask for a referral to another doctor.

Your doctor may send you to a **urologist**—a doctor who specializes in sexual and urinary problems.

